

## **Lice treatment – Cetaphil cleanser**

1. Apply to the entire scalp. Leave on for 2 minutes then comb out the excess.
2. Dry it with a hair dryer (to suffocate the lice).
3. Leave the dry cleanser on the scalp for at least 8 hours.
4. Shampoo it all out.
5. Wash clothes and heat pillow cases, sheets, etc. in the dryer for >10 minutes.
6. Repeat once a week for 3 weeks.